

ALCHEMY 365 TENNYSON

OPEN GYM SCHEDULE

	MON	TUE	WED	THU	FRI	SAT	SUN	
5AM	5:15AM-6:20AM							
6AM								
7AM	7:30AM-1PM					7:45AM-11:15AM		
8AM								
9AM								
10AM								
11AM								
12PM								
1PM								
2PM								
3PM								
4PM	3:45PM-4:50PM				3:45PM-5:15PM		3:45PM-5:15PM	
5PM								
6PM	6PM-7:15PM							
7PM								

Visit alchemy365.com/.opengym to add an Open Gym pass to your membership!

*Schedule subject to change. We may adjust hours due to holidays.